



North Sound Behavioral Health
Administrative Services Organization

Board of Directors

Hybrid Meeting Agenda

March 9th, 2023

Board of Directors Members Present in Person:

Members Present via Zoom:

North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:

Guests Present:

1. **Call to Order and Introductions** – Chair
2. **Revisions to the Agenda** – Chair
3. **Approval of the February 9th, 2023, Minutes, Motion #23-12** – Chair.... Attachment
4. **Comments & Announcements from the Chair**
5. **Reports from Members** - Chair
6. **Comments from the Public** - Chair
7. **Crisis System User Experience** - Pat Morris ...(Available at Meeting)... Attachments
8. **Crisis Services Key Findings and Key Opportunities** - Michael McAuley
9. **Compliance Report** - Charles DeElena(Available at Meeting)
Attachment
10. **Report from the Advisory Board** - Joe Valentine (Available at Meeting) .
Attachment

Commented [JV1]: This item would be on the G&O agenda only

11. Report from the Finance Officer- Joe Valentine (Available at Meeting)

...Attachments

12. Report from the Governance Operations Committee- Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair (Available at Meeting)Attachment

Motion #23-13

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from February 1, 2023, through February 28th, 2023, in the amount of \$.
- Payroll for the month of February in the amount of \$ and associated employer benefits in the amount of \$.

13. Action Items-Chair and Joe Valentine

For Board Approval

Bridgeways

Summary:

Bridgeways is a Snohomish County provider, currently providing PATH services and managing Department Of Commerce housing vouchers. This motion adds the HARPS vouchers to the contract in the amount of \$206,000 annually for individuals discharging from a state hospital, inpatient psychiatric hospital and/or behavioral health residential services.

Motion# 23-14

- North Sound BH-ASO-Bridgeways-PATH-23 to include HARPS short term housing subsidies in the amount of \$206,000 annually with a term of September 29, 2022, through September 30, 2023, based on continued compliance with the terms of the contract.

14. Introduction Item- Joe Valentine

Island County

Island County has requested funding for the implementation of JULOTA care coordination software in the amount of \$22,900. This portion of funding is a one-time implementation fee. Our portion

of the funding will support ASO contracted Opioid Outreach, Recovery Navigator and Co-Responder teams.

15. DRAFT Report from the Executive Director- Joe Valentine..... Attachment

16. Adjourn

Next Meeting: April 13th, 2023



Board of Directors

Hybrid Meeting Minutes

February 9th, 2023

Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner; Skagit County, Board Chair
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner; Skagit County
- **Barry Buchanan**, County Council; Whatcom County

Members Present via Zoom:

- **Lynda Austin**, Human Services, Island County; designated alternate for Jill Johnson, Commissioner
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low, Snohomish County
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, County Council
- **Jane Fuller**, County Council; San Juan County
- **Malora Christensen**, designated alternate for Satpal Sidhu, County Executive, Whatcom County
- **Carola Schmid**, Human Services, designated alternate for Dave Somers, County Executive, Snohomish County
- **Pat O'Maley Lanphear**, Advisory Board Chair

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO

- **Charles DeElena**, Business Improvement Manager/Compliance Officer, North Sound BH-ASO
- **James Dixon**, Regional Recovery Navigator Coordinator, North Sound BH-ASO
- **Kimberly Nakatani**, Accountant, North Sound BH-ASO
- **Maria Arreola**, Administrative Assistant II, Advisory Board Coordinator, NS BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

Michelle Osborne, Diversity, Racial Equity, and Inclusion (DREI)

Nora Korena, Diversity, Racial Equity, and Inclusion (DREI)

Toni Belcher Diversity, Racial Equity, and Inclusion (DREI)

Call to Order and Introductions – Chair

The chair called the meeting to order and initiated introductions.

Revisions to the Agenda – Chair

The Chair asked if there were any revisions to the agenda. There were none mentioned.

Approval of the January 12th, 2023, Minutes, Motion #23-08 – Chair

Barry Buchanan moved the motion for approval, Nicole Gorle seconded, all in favor, none opposed, motion number #23-08 carried.

Comments & Announcements from the Chair

- Chair Browning introduced the new board members, Barry Buchanan (Whatcom County) Jane Fuller (San Juan County) and noted that Strom Peterson was also appointed (Snohomish County)
- The Chair requested that board members keep on top of the legislative bills pertaining to behavioral health and substance use disorder outpatient care. Hoping to keep top notch care on the frontline he added.

Reports from Members

Members gave reports from their respective counties regarding behavioral health happenings.

Comments from the Public

There were no comments from the public

Diversity, Racial Equity, and Inclusion (DREI) Workgroup Update/Strategic Plan

- Michelle Osborne, Toni Belcher, Nora Karena

The DREI consultants gave a presentation that included the update on the Strategic Plan as well as the efforts of the workgroup participants.

Regional Navigator Program (RNP) Update: James Dixon

- [Recovery Navigator Program \(RNP\) | North Sound BH-ASO \(nsbhaso.org\)](#)
- [Washington 2-1-1 | Search \(wa211.org\)](#)

Joe Valentine introduced James Dixon, North Sound BH-ASO's Regional Recovery Navigator Coordinator. He gave an update on the Regional Navigator Program as well as an overview of the Washington 2-1-1 services that are available.

Report from the Advisory Board

Pat O'Maley Lanphear (Advisory Board Chair) gave the report from the Advisory Board and answered questions from Board Members.

Report from the Finance Officer

Joe Valentine gave the report from the Finance Officer and answered questions.

Report from the Governance Operations Committee

- Joe Valentine announced his retirement and noted it will take place at the end of June. It was also noted that Board Members will be coordinating their efforts to recruit and interview applicants for his replacement. Board members spoke of their gratitude for Joe's highly effective contribution in leading the ASO for the past 11 years.
- The latest happenings with the Opioid Abatement Council (OAC) were discussed. Board members were asked to assist in moving the process forward in their respective counties; signatures on the MOU, and the selection process of the member who will sit on the OAC (one per county) as well as identifying one member from a city within each of the individual counties.

Joe Valentine gave a status on each of the counties. Below is the outcome as of today, February 9th:

- The **Snohomish County** Representative is Jason Biermann. The appointed city for Snohomish County is **Everett** and the representative is Julie Willie. The signed MOU has not been received by the ASO as of today.
- **Skagit County's** appointed city is **Sedro Woolley** and **Charlie Bush** will be the OAC city representative. The Skagit County rep has not been sent to the ASO as of yet. The signed MOU has not been received by the ASO as of today.
- **Whatcom County's** representative still needs to be received by the ASO, as well as the city rep. The signed MOU has been received.
- **San Juan County's** representative still needs to be received by the ASO, as well as the city rep. The signed MOU has been received.
- **Island County's** representative still needs to be received by the ASO, as well as the city rep. The signed MOU has not been received as of today.

The Chair added that it would be ideal to see this completed within the next 2 months.

- The Chair spoke about the Amendment to the Interlocal Agreement. The email from the ASO's attorney stated that the letter was sent out this week and awaiting return signatures.

The Chair added that it would be ideal to see this be completed within the month.

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Motion #23-09

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from January 1st, 2023, through January 31st, 2023, in the amount of \$4,837,340.84.
- Payroll for the month of January in the amount of \$185,789.97 and associated employer benefits in the amount of \$81,241.39.

Jane Fuller moved the motion for approval, Darcy Cheesman seconded, all in favor, none opposed, motion #23-09 carried

Action Items

For Board Approval

Summary (Personnel):

At the December Board of Directors meeting a 5% COLA was approved for employees as part of the annual administrative budget. The Executive Director position serves at the will of the Board which requires a separate motion to approve the 5% COLA for the position.

Motion #23-10

- Approve a 5% COLA for the Executive Director position with an effective date of January 1, 2023.

Barry Buchanan moved the motion for approval, Perry Mowery seconded, all in favor, none opposed, motion #23-10 carried

Summary:

Vote for Chair and Vice Chair

Nominations received as of 2/8/2023 were for Peter Browning (Chair) and Barry Buchanan (Vice Chair)

Motion #23-11

- Approve Peter Browning as Chair and Barry Buchanan as Vice-Chair of the Board of Directors for 2023

A motion was made by Perry Mowery to approve Barry Buchanan as Vice Chair for 2023. The motion was seconded by Darcy Cheesman. All in favor, none opposed. Another motion was made by Barry Buchanan to approve Peter Browning as Chair, Darcy Cheesman seconded, all in favor none opposed. Motion #23-11 carried.

Report from the Executive Director

Joe Valentine gave the report from the Executive Director which including from the following topics:

- LEGISLATIVE UPDATE
- BEHAVIORAL HEALTH SERVICES COORDINATING COUNCIL
- NORTH SOUND BEHAVIORAL HEALTH NEEDS ASSESSMENT
- ISLAND COUNTY CO-RESPONDER PROGRAM
- APPLE HEALTH REDETERMINATIONS
- CRISIS SERVICES UPDATE
- MODIFICATION TO INTERLOCAL AGREEMENT TO ALLOW USE OF HYBRID MEETINGS

Adjourn: 2:42 p.m.

Next Meeting: March 9th, 2023

North Sound BH ASO Executive Director's Report

March 7, 2023

1. LEGISLATIVE UPDATE – as of March 2, 2023

Bills Of High interest to ASOs

Bill	Title	Status
HB 1134	Implementation of the 988 behavioral health crisis response system	House Committee on Appropriations – passed February 24-referred to Rules
SB 5120	23-hour crisis relief centers	Senate Rules – placed on 3d reading on March 1
SB 5130	Assisted Outpatient Treatment	Senate Rules – placed on 2 nd Reading on March 1
HTM House Bill 1515	Contracting and procurement requirements for behavioral health services in medical assistance programs [network adequacy]	Forwarded by House Rules Committee – placed on 2 nd Reading on February 28

Other Bills of Interest

Bill	Title	Status
1242	Creating a behavioral health work group to study the root causes of behavioral health issues	House Committee on Appropriations – Public Hearing on February 22
1580	Creating a system to support children in crisis	Forwarded by House Rules and placed on 2 nd reading on March 1
5710	Providing access to behavioral health services to youth in rural and underserved areas	Senate Ways & Means – February 18 Public Hearing [missed bill cut off?]
5440	Providing timely competency evaluation and restoration services [Trueblood]	Senate Rules Committee – placed on 2 nd reading on February 27
1724 5189 1583 5585	Workforce Bills Behavioral Health Associates B.H. Support Specialists Certified Peer Specialists Mental Health Professionals	Referred to Rules – Feb 24 Reviewed by Rules-Substitute bill 3d reading – March 1 House Health Care & Wellness- Feb 10 – no action taken Senate Health & Long Term Care- Jan 26

Legislative Calendar:

- **February 17 - Policy committee cutoff - house of origin**
- **February 24 - Fiscal committee cutoff - house of origin**
- March 8 - Floor cutoff - house of origin
- March 29 - Policy committee cutoff - opposite house
- April 4 - Fiscal committee cutoff - opposite house
- April 12 - Floor cutoff - opposite house
- April 23 - Sine Die

2. QUARTERLY CHECK IN MEETING WITH HCA LEADERSHIP

- The Quarterly check-in meeting with North Sound BH-ASO leadership and HCA leadership is scheduled for March 14 from 11-12.
- Both Board of Directors and Advisory Board members are welcome to participate. Please let Joe know if you have any agenda items you would like to discuss.

3. CRISIS SERVICES UPDATE

- The Weekly Crisis Capacity Indicator snapshot through is attached [**Attachment 1**].
- According to VOA, a relatively small number of calls to the new 988 line needed to be transferred to the Regional Crisis Line for follow up – about 20 a month in the last three months.
- In general, these lines seem to be serving a different need, and the increase in calls to the 988 line represent a different group of persons in need. The calls to the Regional Crisis Line on the other hand also continue to increase.

4. 2022 NORTH SOUND CRISIS SERVICES ASSESSMENT

- The new 2022 North Sound Crisis Services Assessment has been posted on our website at: : <https://www.nsbhaso.org/who-we-are/crisis-services>
- The Crisis Services Assessment provides a detailed analysis of the services that were provided, trends, challenges, successes, and opportunities.
- The list of “Opportunities” for 2023 includes:
 - ✓ Continue funding the expansion of crisis services to include the availability of community-based, multidisciplinary programming that meet best practice standards.
 - ✓ Fully integrate our DREI Strategic Plan into our 2023 planning for crisis services.
 - ✓ Fully operationalize our Child, Youth and Family Crisis Teams (Mobile Response and Stabilization Services – MRSS).
 - ✓ Continue to expand funding for co-responder programs embedding Behavioral Health professionals with law enforcement and first responders.
 - ✓ Continue to fund Triage, Crisis Stabilization and Withdrawal Management facilities and encourage their use as a central access point for crisis services for first responders and others.

- ✓ Continue implementation of the new Collective Medical Technology data sharing platform to provide access to treatment and crisis plan information for crisis services staff.
- ✓ Continue providing care coordination and system support for our crisis agencies and other ASO funded outreach programs serving high need individuals.
- ✓ Continue to partner closely with the Department of Health (DOH) and HCA on Washington State's 988 implementation and any future legislation for crisis services.

DRAFT